

Note: Being a PDF file this page may appear larger in size; you could reduce it to normal size by using the “–“zoom sign on top bar.

What is a Yantra?

Yantra is a Sanskrit word that is derived from the root “yam” meaning to control or subdue or “to restrain, curb, check”. Meanings for the noun derived from this root include:

"Any instrument or machine" (i.e. that which is controlled or controls. For instance the body is said to be a yantra)

- "any instrument for holding, restraining, or fastening" (for instance a symbol which 'holds' the essence of a concept, or helps the mind to 'fasten' on a particular idea).
- "A mystical or astronomical diagram" (usually a symbol, often inscribed on an amulet) sometimes said to possess mystical or magical powers.

-tra is derived from the root word trayoti which means "liberation". A yantra depicts both macrocosmic and microcosmic forces acting together - the movement towards and away from the centre - "control" and "liberation" within the one device.

Yantra is the Sanskrit word for "instrument" or "machine". The meaning is contextual. Much like the word 'instrument' itself, it can stand for symbols, processes, automata, machinery or anything that has structure and organization. One use popular in the west is as symbols or geometric figures. Traditionally such symbols are used in Eastern mysticism to balance the mind or focus it on spiritual concepts. The act of wearing, depicting, enacting and/or concentrating on a yantra is held to have spiritual or astrological or magical benefits.

Yantra as an astrological device

Yantra may be used to represent the astronomical position of the planets over a given date and time. It is considered auspicious in Hindu mythology. These yantras are made up on various objects i.e. Paper, Precious stones, Metal Plates and alloys. It is believed that constantly concentrating on the representation helps to build fortunes, as planets have their peculiar gravity which governs basic emotions and karma. These Yantras are often made on a particular date and time according to procedures defined in the vedas.

Possess The Power of Yantra....RudraBlessings.com.