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How to Wear a Gemstone

Gemstones are good carriers of cosmic energy & can provide tremendous benefits & prosperity to its wearer but only if its is worn rightly, only on wearing it rightly they provide their cosmic benefits otherwise they are just cosmetic & for beauty purpose

Step 1 : Choosing the right gemstone

Well, undoubtedly this is the most important step, if you are not wearing the right gemstone, then it really doesn't matter if you wearing it rightly or wrongly it is not at all going to be beneficial for you further in anticipation you are always expecting miracles from it & in return if nothing happens you tend to say astrology is nonsense & gemstones do not work. Well everything produced by nature has a purpose & characteristic, problems faced by a human are within the nature itself & hence the solutions also are provided to us by nature itself in form of Gemstones, Rudraksha beads, natural cosmic products, donations, prayers, faith & so on. In India everything is associated to faith but its not that things actually do work, we tend to blindly go behind science just because it is proven however since hasn't proved everything since day 1, it has taken time & over a period of time things have been approved by science, 1000 years back no one thought that there would be an instrument which would allow to people sitting 7 seas away from each other to communicate, when graham bell expressed his imagination people said he s mad, bu the day it was proved everyone simply accepted it, so things related to so called faith today are still to be approved by science but it doesn't mean they do not work. There are facts without proofs & are called "Postulates".

To know your right gemstone please do consult a person possessing reasonable knowledge on this subject. Choosing the right stone includes wearing a stone of a reasonably good quality & good size without any treatments.

Step 2: Methodology

After you know your gemstone & after you have sourced a good Astro gemstone you need to wear it rightly. Wearing it rightly means;
Every Astro Gemstone has a ruling planet, favorable metal, Specific day, Specific time, specific energizing mantra & specific Energizing process.

The table below shall provide you all the above details for the 9 different stones of 9 different planets.

Ruling Planet	Astro Gemstone	Substitute	Metal to be worn in	Ruling Day to be worn on	Ruling time	Donation after wearing
Sun / Surya	Ruby / Manek	Sunstone	Gold	Sunday	Sunrise	Jaggery, wheat
Moon / Chandra	Real Pearl / Moti	Culture pearl / Moonstone	Silver	Monday	10.30 am	Rice, Milk, Silver in water
Jupiter / Guru	Yellow sapphire / pukhraj	Citrine	Gold	Thursday	6.30am to sunrise	Yellow Dal, Books to poor
Saturn / Shani	Blue Sapphire / Neelam	Amethyst / Blue Topaz	Iron / Silver	Saturday	After Sunset – 9pm	Coconut, mustard oil, cloves, iron, leather
Mars / Mangal	Coral / Moonga	Powder Coral	Gold	Tuesday	12.30 noon	Fried & sweets
Mercury / Budh	Emerald / Panna	Onex	Silver	Wednesday	4.30 pm to 5.30pm	Green veggies, grass.
Venus / Shukra	Diamond / Heera	White sapphire	Gold – white	Friday	1.35 pm	Milk with cream, Sugar
Rahu / Dragon's head	Garnet / Gomedha	Garnet	Silver	Saturday	Midnight	8 copper coins in water, brown coconut & 5 radish's with leaves.
Ketu / Dragon's tail	Chrysoberyl / Cat's Eye	Quartz cat's eye	Gold	Wednesday		Black & white blanket in temple.

Why are Specific Astro Gemstone Rings worn on Specific Fingers?

As per astrology there are two groups of planets

Group 1: Comprises of Planets Jupiter, Mars, Sun, Moon these planets are friendly to each other & do not cause harm amongst themselves.

Group 2: Comprises of planets Saturn, Venus, Mercury, these planets are friendly to each other & do not cause harm amongst themselves;

Neutral: Rahu, Ketu; they are malefic planets have individual friends & enemies.

So now as per above groups one should not wear 2 gemstones of 2 different enemy groups together on the same finger.

Further as per palmistry each & every finger represents a planet & has a mount towards the palm at the end of the finger.

1. Mount on the first or forefinger belongs to Jupiter hence one wears Yellow sapphire / pukhraaj / pushkaraaj / topaz / citrine on it in gold & Jupiter / Guru rules the day Thursday; in Hindi its known as guruvaar hence once should start wearing a yellow sapphire on its 1st finger on gold on Thursday before sunrise as during that time the ruling planet is Planet Jupiter. Similarly;
2. 2nd / Left Middle finger is ruled by SATURN - SHANI, hence Blue Sapphire, Lapis, and Amethyst is worn here.
3. Left Ring finger is ruled by SUN - SURYA, hence Ruby, Coral (Mars is friendly with Sun) is worn here. Coral may be worn on right ring finger also.
4. Right Little finger is ruled by Mercury - BUDH, hence Emerald is worn here.
5. Now the Question of VENUS - SHUKRA, the THUMB is ruled by Venus. But we do not wear anything on the thumb, so we have to wear a DIAMOND, ZIRCON, WHITE SAPPHIRE on the finger ruled by the friends of VENUS, which are SATURN & MERCURY, i.e. Middle Finger or Little Finger of right hand.
6. RAHU / NORTH NODE is considered to be controlled by Saturn / Shani hence we wear Hessonite Garnet / Gomedh on the middle finger.
7. KETU / SOUTH NODE – Chrysoberyl cat's eye is to be worn on ring finger.

This is the reason stones are worn on specific finger, in specific metals on specific day at specific times.

Further one can wear the gemstones of friendly planets in the same finger but not of enemy planets.

Wearing Gemstones with right methodology provides tremendous benefits.

If you have any further queries or suggestions please feel free to write to us, we would be glad to assist you.

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