

# Evolution of Rudraksha

## Legend 1

" Shiva Purana"

As per Shiva Purana, Rudraksha is considered to be formed out of the tear drops of Lord Shiva. Lord Shiva was once meditating for number of years for the welfare of all humans with his eyes half open, thereafter completing his meditation he happened to blink his eyes & hot tear drops of water from his eyes fell on mother earth & give rise to the great Rudraksha trees. Thus the word Rudraksha is derived from the Sanskrit words " Rudra" one of the 1008 names of Lord Shiva & " Aksha" which means eyes. Hence being formed out of the eyes of Lord Shiva it is called Rudraksha.

## Scientific Evolution

Rudraksha which was further botanically known as "Elaeocarpus Granitrus Roxb." is produced by " Utrasum" tree in pocketed Himalayan regions of Nepal, Indonesia, India & few other countries. Rudraksha from Nepal in terms of commercial quality is considered to be best, there after followed by Rudrakshas from Indonesia & then from India. When we speak of commercial quality we speak of size, appearance, formation, range of mukhis & natural development of the Rudraksha. However the major Rudraksha producing country is Indonesia.

## Legend 2

" Srimad DeviBhagvatam"

"There is one more legend behind the birth of Rudraksha which says that Lord Shiva was once meditating for number of years on request of Lord Brahma, Lord Vishnu & other gods & goddesses to overcome or destroy a demon named Tripura Sur who was a threat to the universe. Demon Tripura had brought about lot of destruction with his powers creating a lot of unrest in the universe. After meditating for number of years to destroy the demon the consequences post the destruction of demon brought about tears in eyes of lord Shiva which fell on mother earth & gave birth to the Rudraksha tree."

Both the above legends have the same conclusion which would be that "The Rudraksha tree" is an outcome for the benefit of universe & mankind by the great Lord Shiva.

Extracted from The book \_\_\_\_\_ by Suhas Rai  
EXCERPTS FROM THE VEDIC TEXTS

Rudraksha beads, the holy beads scientifically called as Elaeocarpus Ganitrus. Rudraksha comes from Sanskrit word and literally stands for the "eyes of Lord Shiva" (means Rudra = Shiva, "Aksham" = tear of eye).

Lord Shiva is an important deity of Vedic age (125000yrs B.P.) and is depicted wearing rosary of Rudraksha beads in the icon of different historical era. So it reveals that the merit of Rudraksha are first realized by Shiva himself and handed over to benefit of later generation. This holy Rudraksha beads have been worn by the people of Nepal and India for thousand of years to maintain physical and mental health and to gain fearless life on their spiritual path to enlighten and liberation. According to Srimaddevibhagvatam (the oldest holy books), it describe the origin of Rudraksha on its eleven chapter -VII skhanda as follows: -

The exact phrase expelled during discussion of Rudraksha between Vishnu and Naradmuni Rishi is as follows:-

- Narad Muni: - Narayan (God Vishnu), I know the greatness of Rudraksha beads that you have said but may I know how Rudraksha came to this earth and honored?
- Narayan said: - O Child! This is the very question that was asked once by Kartikeya, the six faced son of Rudra dwelling in Kailash. What Rudra replied, I say now listen: -
- RudraDeva spoke: O child Kartikeya, I will dwell briefly on the secret cause of the greatness of Rudraksha beads. In days of the year there was a devil called Tripura who could not be conquered by anybody. Brahma, Vishnu and Other Devas request I contemplated the divine Great weapon named Aghora, beautiful, terrible and containing the strength of all the Devas to kill him. It was inconceivable and it was blazing with fire.

In the process, for full divine one thousand years I remained awake with eyelids wide open thinking of Aghora weapon, the destroyer of all obstacles whereby the killing of Tripura might effect and the troubles of the devas be removed. There by my eyes were affected and the drops of tear came out of eyes.

O Son Kartikeya from those drops of tear coming out of my eyes, the great tree of Rudraksha did sprout for the welfare of all Devas and mankind. This Rudraksha beads are of Twenty-Eight varieties. From my Surya Netra (my right eye) symbolizing the sun twelve varieties have come and my left eye representing the moon (the soma netra) sixteen varieties.

O Intelligent One! Wherever, whoever holds with or without faith and devotion this great Rudraksha will attain Rudrahood and freed from all sins; his religious merit is inexhaustible.

From then Rudraksha tree grown in Gauda Land, the favorite place of Lord Shiva ranging from the great Himalayan belt to southeast Asia. Although grown in many country like Nepal, India, Barma, Bhutan, Indonesia, it localizes mainly in Nepal.

Wearing Rudraksha for the first time? [Click here](#) for proper guidance  
To know more about different types of Rudraksha visit [Multifaceted Rudraksha](#)  
To know about the difference of Rudraksha from the various origins visit [Nepalese Vs Indonesian Rudraksha](#)

Possess the Power of Rudraksha.....RudraBlessings.